

Summary and Analysis of Tiny Habits by BJ Fogg, Ph.D with BONUS Trivia Questions By Buddy Reads

Great Book to Get You on TrackI read this book and it really gets your mindset to be a will a bee instead of a want to be, It also gets you away of thinking of things in terms of habits but rather learn how to develop new normals. D with BONUS Trivia Questions Summary and Analysis of Tiny Habits by BJ Fogg Ph. Summary and Analysis of Tiny Habits by BJ Fogg Ph.D with BONUS Trivia Questions

