

Sticks, Stones, Roots & Bones: Hoodoo, Mojo & Conjuring with Herbs By Stephanie Rose Bird **Spirituality Sticks, Stones, Roots & bones tv** 0738702757 I Loved this book! It really helps you to understand the Beauty of Hoodoo and its value to your life by getting you in touch with the orisha the deities and the Mother through Natural Elements and more. **Sticks, Stones, Roots & bonesu0024** She is also the author of 5 other published books the most recent two are The Big Book of Soul: the Ultimate Guide to the African American Spirit: Legends Lore Music Mysticism Recipes and Rituals (Hampton Roads Publishers 2010) and A Healing Grove: African Tree Remedies and Rituals for Body and Spirit (Chicago Review Press 2009). **Spirituality Sticks, Stones, Roots & bones tv** She is also the author of 5 other published books the most recent two are The Big Book of Soul: the Ultimate Guide to the African American Spirit: Legends Lore Music Mysticism Recipes and Rituals (Hampton Roads Publishers 2010) and A Healing Grove: African Tree Remedies and Rituals for Body and Spirit (Chicago Review Press 2009). **PDF Sticks, Stones, Roots & bones season** Join the conversation about books wellness mind body spirit magick goddess spirituality nature and : {site_link} {site_link} 2005 COVR Award Winner Hoodoo is an eclectic blend of African traditions Native American herbalism Judeo-Christian ritual and magical healing. **Sticks, Stones, Roots & bonesville mn** Tracing Hoodoo's magical roots back to West Africa Stephanie Rose Bird provides a fascinating history of this nature-based healing tradition and gives practical advice for applying Hoodoo magic to everyday life. **Book Sticks, Stones, Roots & bones & bones** Learn how sticks stones roots and bones—the basic ingredients in a Hoodoo mojo bag—can be used to bless the home find a mate invoke wealth offer protection and improve your health and happiness. **Sticks, Stones, Roots & Bones nonfiction** Sticks Stones Roots & Bones: Hoodoo Mojo & Conjuring with Herbs Stephanie Rose Bird leads us through the history lore and practice of the American folk magick that developed out of the cauldron of African traditions bubbling away with a blend of European and Indigenous ways in the Southern USA. **Book Sticks, Stones, Roots & bones lyrics** I became underwhelmed as she couldn't answer my questions about her work 0738702757 Edit: I'm revising this review in order to correspond with my review of the Voodoo Hoodoo Spellbook by Denise Alvarado. **Sticks, Stones, Roots & Bones ebooks** In my review of the Voodoo Hoodoo Spellbook I am completely blown away by what I feel is the author's attempt to rewrite hoodoo and its history in order to be acceptable to the white neo-pagan community. **Book Sticks, Stones, Roots & bones hyland** This book isn't traditional hoodoo either and yet you're giving it a much better review- so what gives Melissa?The first thing I noticed about this book was the manner in which the author- Stephanie RoseBird- spoke. **Book Sticks, Stones, Roots & bones** You can immediately tell the difference between the target audiences- the author writes this book for the African American community foremost however anyone is free to learn and grow from it whereas Denise's audience is neo-pagans. **Book Sticks, Stones, Roots & bones and souls** I have read the majority of Stephanie RoseBird's books and from them I know that she writes her books to heal not only African Americans but all Black people within the Diaspora. **EBook Sticks, Stones, Roots & bones cast** From this book despite the fact that it is in no way traditional hoodoo Stephanie is attempting to heal a deep rift a deep deep wound between African Americans and our spirituality and spiritual practices merging African concepts into African American spirituality in order to reconnect us to our roots in the Motherland. **Book Sticks, Stones, Roots & bones and bones** Hoodoo's rich history is gone into in detail describing the Africanisms that present themselves within African American conjure as opposed to Denise's books which make a quick glide over the history of slavery oppression and racism as not to offend white audiences and instill a sense of white guilt. **Sticks, Stones, Roots & bonesy gorillaz** Whereas Denise's book is valued for its compendium of formulas Stephanie's book is valued for its attempts to re-connect the African American community to its mystical spiritual roots and to our ancestors. **Book Sticks, Stones, Roots & bones cast** All in all I highly recommend this book for any African American looking to reconnect with their ancestors or their spirituality or to anyone who is looking for the seldom-portrayed side of African American spiritual life. **Book Sticks, Stones, Roots & bones season** 0738702757 I enjoyed what a few other readers have criticized that the author isn't fanatical and develops her work and beliefs

further while still remaining true to the core essence of what Hoodoo is or how it originated,

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I love her style even though it isn't strictly hoodoo 0738702757 this is a great book 0738702757 This is a great resource for understanding hoodoo and voodoo. **Sticks, Stones, Roots & bones** The author breaks everything down and shows the reality of a belief system often misconstrued: **Sticks, Stones, Roots & bones** swimmer I use this reference a lot for adding depth and awareness to the pockets of hoodoo in my own writing: **Book Sticks, Stones, Roots & bones and souls** 0738702757 A really good book on hoodoo-style folk magick mostly rooted in the Afro-American community. **Book Sticks, Stones, Roots & bones coffee** Her newest work of nonfiction Mama Earth's Spiritual Guide to Weight loss has just been published (May 2017) by Green Magic Publishing, **Sticks, Stones, Roots & bones** 0024 Bird is an eclectic pagan practicing Green Witchcraft Shamanism and Hoodoo: **Sticks, Stones, Roots & bones** swimmer Bird is available to conduct hands on herbal botanical arts magick and Stephanie Rose Bird is a prolific nonfiction author. **Sticks, Stones, Roots & Bones nonfiction** Her newest work of nonfiction Mama Earth's Spiritual Guide to Weight loss has just been published (May 2017) by Green Magic Publishing, **Sticks, Stones, Roots & bones** 0024 Bird is an eclectic pagan practicing Green Witchcraft Shamanism and Hoodoo: **Spirituality Sticks, Stones, Roots & bones and bones** Bird is available to conduct hands on herbal botanical arts magick and ritual workshops as well as hosting spiritual retreats. **PDF Sticks, Stones, Roots & bones hyland** It's a hands-on crafty approach to spiritual practice which appeals to the Kitchen Witch in me: **EBook Sticks, Stones, Roots & bones & bones** Most of the materials are already lying about the house or easily found outside and the power comes through awareness attention and intention (but doesn't it always?): **Book Sticks, Stones, Roots & bones lyrics** The author stresses ethically-sourced and organic materials whenever possible and goes into great detail about why this is important with plenty of options to choose from: **Paranormal Sticks, Stones, Roots & bones and bones** Still it's thrilling to read about the strange animal bits and dangerous/illegal items or now-endangered plants that went into mojo bags of the past: **Book Sticks, Stones, Roots & bones and souls** (from my blog post about it) 0738702757 I used to be a big fan: **Book Sticks, Stones, Roots & bones and bones** But then I had an opportunity to personally dialog with the author, **Paranormal Sticks, Stones, Roots & bones season** This is one of the most important differences between these two books. **Sticks, Stones, Roots & Bones ebooks free** I also feel as if Denise Alvarado's books minimize the roots of hoodoo within African American culture, **Sticks, Stones, Roots & bones** gorillaz 0738702757 I bought the book yesterday despite feeling a bit skeptical. **Book Sticks, Stones, Roots & bones lyrics** Like someone else has said it may be a good resource to skim for ideas but definitely not traditional hoodoo, **EBook Sticks, Stones, Roots & bones season** I was surprised by the references she makes to European deities and practices. **Sticks, Stones, Roots & Bones nonfiction** A living spirituality bridges the gap between the past and present and it is my opinion that the author does this very well. **Sticks, Stones, Roots & Bones nonfiction** I appreciate how structured this book is too something I personally miss in Yronwode's (fantastic) book for example: **Paranormal Sticks, Stones, Roots & bones and bones** Due to said structure and the grouping together of topics or chapters it's easier to look up something specific in this book. Highly recomend. 0738702757 Stephanie Rose Bird is a prolific nonfiction author. She is also a practicing artist herbalist and aromatherapist. She is also a practicing artist herbalist and aromatherapist. Contact her for information: {site_link} www.stephanierosebird.com Subscribe to my blog for frequent posts. Here are two examples. If feels Wiccanized - wasn't what I was looking for. 0738702757

